



**DISCHARGE INSTRUCTIONS FOR COLONOSCOPY**

Following an colonoscopy there are a few things that will aid in your recovery. They are simple to do and very important.

1. Diet: May resume diet as tolerated.
2. Activity as tolerated.
3. May resume home medications as directed by your physician.
4. You have a follow up appointment scheduled with Dr. \_\_\_\_\_  
on \_\_\_\_\_
5. **CALL YOUR PHYSICIAN’S OFFICE AT 232-0444 IF YOU HAVE ANY OF THE FOLLOWING:**
  1. Pain not controlled with pain medication
  2. Fever of 101 for 2 consecutive days
  3. Nausea that does not subside after 24 hours after surgery
  4. Any questions or concerns.

WE STRONGLY SUGGEST A RESPONSIBLE ADULT REMAIN WITH YOU AT HOME TODAY AND TONIGHT FOR YOUR PROTECTION AND SAFETY. IF YOU HAVE ANY QUESTIONS, OR IF A PROBLEM DEVELOPS, PLEASE CALL YOUR PHYSICIAN IMMEDIATELY. IF YOU ARE UNABLE TO CONTACT YOUR PHYSICIAN AND YOU FEEL THIS IS AN URGENT SITUATION REQUIRING A PHYSICIAN’S ATTENTION, GO TO THE EMERGENCY ROOM CLOSEST TO YOU.

**DESIGNATED CAREGIVER CONSENT**

I WILL BE THE DESIGNATED DRIVER OF THIS PATIENT AFTER DISCHARGE FROM TALLGRASS SURGERY CENTER. I AM FULLY AWARE THIS PATIENT NEEDS CAREGIVING ATTENTION FOR THE FIRST 24 HOURS.

X \_\_\_\_\_  
PATIENT/PATIENT FAMILY MEMBER

X \_\_\_\_\_  
REGISTERED NURSE