



DISCHARGE INSTRUCTIONS FOR TEMPORAL ARTERY BIOPSY

1. You may return to normal activity as tolerated. You will be able to return to work or school 2-3 days after surgery if you feel like to it.
2. 24 hours after surgery, you may shower and wash your hair.
3. Take you pain pills as prescribed, but remember, narcotics can make you sleepy, nauseated, or constipated, so take them with plenty of food and water. No alcoholic beverages while taking pain medications. It is a good idea to take a stool softener everyday while taking your pain medication.
4. Do not drive or return to work if you are taking pain medication. These can alter your thought processes.
5. Apply Bacitracin or triple antibiotic ointment to your incision twice a day.
6. May resume home medications as directed by your physician.
7. Diet as tolerated. No spicy or greasy foods recommended the day of surgery.
8. You have a follow up appointment scheduled with Dr _____
on _____

REASONS TO CALL YOUR PHYSICIANS OFFICE AT 232-0444

1. Pain not controlled with pain medication
2. Fever of 101 for 2 consecutive days
3. Nausea that does not subside after 24 hours after surgery
4. Redness or drainage from incision sites
5. Excessive bleeding from incision
6. Any questions or concerns.

WE STRONGLY SUGGEST A RESPONSIBLE ADULT REMAIN WITH YOU AT HOME TODAY AND TONIGHT FOR YOUR PROTECTION AND SAFETY. IF YOU HAVE ANY QUESTIONS, OR IF A PROBLEM DEVELOPS, PLEASE CALL YOUR PHYSICIAN IMMEDIATELY. IF YOU ARE UNABLE TO CONTACT YOUR PHYSICIAN AND YOU FEEL THIS IS AN URGENT SITUATION REQUIRING A PHYSICIAN'S ATTENTION, GO TO THE EMERGENCY ROOM CLOSEST TO YOU.

DESIGNATED CAREGIVER CONSENT

I WILL BE THE DESIGNATED DRIVER OF THIS PATIENT AFTER DISCHARGE FROM TALLGRASS SURGERY CENTER. I AM FULLY AWARE THIS PATIENT NEEDS CAREGIVING ATTENTION FOR THE FIRST 24 HOURS.

X _____
PATIENT/PATIENT FAMILY MEMBER

X _____
REGISTERED NURSE